

Triamark 40 Injection

Triamcinolone Acetonide (40 mg/ml) Injection: Information Sheet

What is Triamcinolone Acetonide?

Triamcinolone Acetonide is a corticosteroid used to treat inflammation and various medical conditions. It is commonly injected directly into affected areas to provide relief from swelling, redness, pain, or other symptoms caused by inflammatory or allergic conditions.

Indications

Triamcinolone Acetonide (40 mg/ml) Injection is prescribed for:

- **Arthritic Conditions:** Osteoarthritis, rheumatoid arthritis, or gouty arthritis.
- **Skin Disorders:** Psoriasis, eczema, or dermatitis.
- **Allergic Reactions:** Hay fever, seasonal allergies, or asthma exacerbations.
- **Other Inflammatory Disorders:** Bursitis, tendinitis, or other localized soft tissue conditions.

Mechanism of Action

Triamcinolone Acetonide works by suppressing the immune system and reducing inflammation. It decreases the production of inflammatory mediators, leading to symptom relief in affected areas.

Dosage and Administration

- **Dosage:** The dose varies depending on the condition being treated. A healthcare professional will determine the appropriate dose.
- **Route:** Intramuscular, intra-articular, or intralesional injections.

- **Frequency:** Single or repeat injections as needed, typically with intervals of several weeks between injections.

⚠ Note: This medication should only be administered by a trained healthcare professional.

Precautions

Before using Triamcinolone Acetonide, inform your healthcare provider if you have:

- A history of allergic reactions to corticosteroids.
- Any active infections (e.g., fungal, bacterial, or viral).
- Diabetes, high blood pressure, or osteoporosis.
- Gastrointestinal disorders, such as ulcers.
- Recent vaccination.

Avoid abrupt discontinuation of corticosteroids after prolonged use, as it may cause adrenal insufficiency.

Possible Side Effects

Common side effects include:

- Localized pain or discomfort at the injection site.
- Skin thinning or discoloration.
- Increased appetite, weight gain, or mood changes.

Rare but serious side effects:

- Immune suppression and increased risk of infection.
- Cushing's syndrome with long-term use.
- Elevated blood sugar levels, especially in diabetic patients.

Seek immediate medical attention for severe allergic reactions (rash, swelling, or difficulty breathing).

Storage Instructions

- Store at controlled room temperature (20–25°C or 68–77°F).
- Protect from light and freezing.
- Keep out of reach of children.

When to Seek Help

Contact your healthcare provider if you experience:

- Persistent pain, redness, or swelling at the injection site.
- Signs of infection or unusual symptoms.
- Severe side effects like vision changes, extreme mood swings, or muscle weakness.

This is a general overview. Always follow your doctor's specific instructions and ask them if you have any questions about your treatment.

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